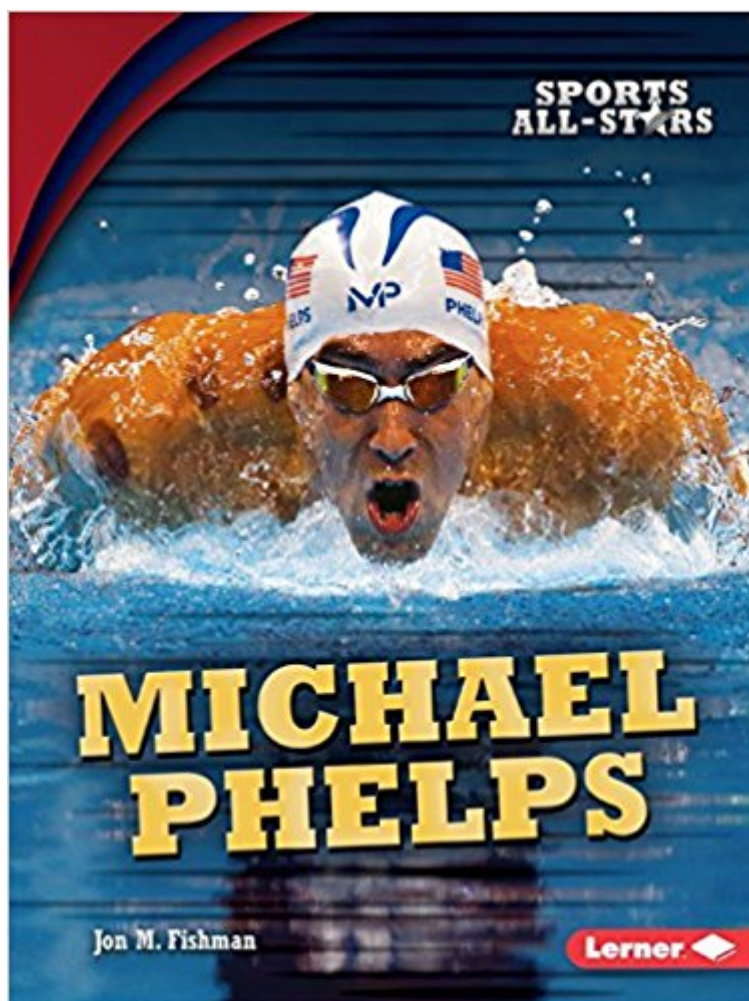


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# Michael Phelps (Sports All-Stars)



## Synopsis

Michael Phelps had already competed in four Olympic Games and won more Olympic medals than any other athlete, but in 2016 he decided to compete one last time. At the Summer Olympic Games in Rio de Janeiro, Brazil, superstar swimmer Phelps won six more medals, bringing him to a total of twenty-eight Olympic medals in his career. After years of training, Phelps says he's finally ready to retire and spend more time with his family. Learn all about Phelps's incredible career, how he trained to become the greatest Olympian of all time, and what he'll do now that he's not spending so much time in the pool.

## Book Information

Lexile Measure: 660 (What's this?)

Series: Sports All-Stars

Paperback: 48 pages

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Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #280,528 in Books (See Top 100 in Books) #75 in [Books > Children's Books > Sports & Outdoors > Water Sports](#) #155 in [Books > Children's Books > Biographies > Sports & Recreation](#)

Age Range: 7 - 10 years

Grade Level: 2 - 5

## Customer Reviews

Jon M. Fishman is an editor, author, and sports fan. He lives in Wisconsin with his wife and three dogs.

I ordered this book for my 7 year old grandson, so that he could complete a project for school. Some of the text was over his head, but we were able to glean the information he required. The photos were definitely useful.

If you're a fan of the Olympics, no doubt you've read about Michael Phelps. During the Beijing Olympics he won a record-breaking eight gold medals. Of course Michael's journey to Olympic glory began in Baltimore, Maryland, where he was born on June 30, 1985. Swimming could easily have been called a family sport because both of his older sisters, Whitney and Hilary, were into it. Michael really had talent and by the time he was an eleven-year-old, he was wiping out the older competition at the North Baltimore Aquatic Club. Just a few years later, at the age of fifteen, it was no surprise he was a dynamic swimmer and ready for the Olympics. Of course no one expected a 15-year-old to make the US Olympic team, but they really didn't know how talented Michael really was. He made the team, but unfortunately there would be no medal for him ... but watch out! Training began in earnest after the 2000 Olympics and he worked harder than ever. Fast forward to 2002 and he set seven world records in just a few months! By the time the 2004 Olympic Games in Athens, Greece rolled around, young Michael was ready to compete. The medals rolled in and he was in the winner's podium an astounding eight times for six gold and two bronze medals. It wasn't the end for Michael, but only the beginning of his winning streak. The Beijing Olympic games were up next. Every race he entered, he won, including a 4 x 100-meter medley race. Michael just couldn't seem to lose and yes, he came away with yet another eight medals. Yes, there was talent there, but athletes do have to work hard and train for events. Just what did Michael have to do to continue on his amazing winning streak? He trained six days a week for five or six hours each day. Wow, you might think, that's a lot of work and yes, indeed, it was. Obviously Michael had a passion for swimming and there was little time for anything else. In fact he claimed there were only three things he did when he was in training: Eating, Swimming, sleeping, that's pretty much it. You'll learn all about how Michael trained, including the fact that he'd swim as many as 50 miles a week. Think about how long an Olympic-sized swimming pool is and put your math hat on. That's a lot of swimming! In this book you'll learn all about Michael Phelps and just what it takes to be a winner. If you're into Olympic sports, particularly swimming, you'll be fascinated by Michael's story! This is the amazing tale of superstar Olympic swimmer, Michael Phelps, young sports fans will love. Young athletes really want to know all about their heroes and their accomplishments. Michael, of course, is one of the most accomplished athletes in the history of sports, not just swimming. Athletes don't just step onto the podium without hard work and young readers will learn just how Michael did it. The layout of the book pops with full-color

photographs of Michael, including action shots. There are sidebars and captioned photographs that add extra information. In the back of the book is an index, a glossary, source notes, All-Star Stats, and additional recommended book and website resources to explore.SPORTS

ALL-STARS:Christiano RonaldoLindsey VonnLuke KuechlyMichael PhelpsRussell WestbrookSimone BilesStephen CurryTom BradyThis book courtesy of the publisher.

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